



Dear parents/guardians,

We are excited to offer both in-person and remote telehealth (video/phone options) health services. Our school-based health center is offering the following services to meet the evolving health care needs of our community secondary to the COVID-19 health pandemic:

Locations

Fair Haven School
Michele Sbrega, APRN
Gernette Ruiz Office Manager
(475) 220-2643

- Conveniently available during school hours
- Staffed by a team of licensed professionals; Bilingual (Spanish/English) services are available
- Does not replace students' regular provider(s)

Hours Providing Services:
7:30pm – 3:30pm

Telehealth (Video and/or telephone chat) visits available daily

- Physical exams required for school compliance
- Sports physicals,
- Vaccines-all vaccines needed to attend school will be available
- Sick visit (**via telehealth or in school can be done in-person by appointment only, masks must be worn in the school and office**)
- Treatment for asthma, allergies, obesity, and other health concerns
- Referral to specialty care

fhhc.org

Mental Health Services Provided Include:

- Telehealth psychotherapy (Video and/or audio sessions) visits available:
 - Assessment/evaluation
 - Mental Health individual, family and group sessions
 - Appointments are available from 9 to 4 PM
- In-person visits won't be available until school re-opens
 - For first time appointments/evaluations please contact Clifford Beers Clinic at 203 772 1270 and press #3 for first time appointment

For information about how to obtain services please contact Martha Plazas, LMFT at 203 772 1270 ext. 1230 or cell 203 985 9434. mplazas@cliffordbeers.org



How What Can I Expect for an In-Person Appointment at the SHC?

- In-person visits are by appointment only. Call the SHC number to schedule an appointment with Office Manager.
- Masks must be worn in the school and office.
- Parents will need to call Office Manager upon arrival at the front entrance of the school.
- Office Manager will meet parent and child at the front entrance of school.
- Temperature Checks and screening questions will be done upon entry of school.
- Once in the building, you will be escorted to the Health Suite.
- Parents must sign themselves and child in at the Health Suite.
- Visits will be limited to 1 Adult/Guardian per patient appointment, no other family members will be allowed in the buildings at this time.

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How Do I Enroll My Students in the SHC?

- Coming Soon! Parents can securely electronically complete and sign a SHC center online from NHPS orientation page (link) and the form will be sent directly to the SHC staff at your child's school.
- Parents can download and print a SHC permission form from the NHPS website and bring with you to your appointment.
- Complete a form when you arrive for your child's appointment.